



ABSTRACT PREPARATION AND SUBMISSION GUIDELINES

8TH INTERNATIONAL SCIENTIFIC CONFERENCE »HEALTH OF DIFFERENT AGE GROUPS«

17. September 2026

All abstracts of active participants at the international scientific conference “Health of Different Age Groups” will be reviewed and published in the online Book of Abstracts, which will be available on the conference website <https://fvz.upr.si/conference2026/>.

The topics for presentations should be in line with the main topics of the conference:

- HEALTH AND QUALITY OF LIFE ACROSS THE LIFESPAN
- PHYSICAL ACTIVITY, EXERCISE, AND HUMAN PERFORMANCE
- REHABILITATION AND CLINICAL PRACTICE
- NUTRITION AND LIFESTYLE – FROM HEALTH PROMOTION TO CLINICAL NUTRITION
- MENTAL HEALTH, BEHAVIOR, AND MOTIVATION
- TECHNOLOGY AND INNOVATION IN HEALTH SCIENCES
- PERSON-CENTERED AND EVIDENCE-BASED HEALTH CARE

The conference will consist of a plenary session with invited speakers and regular sessions. The plenary session will be followed by parallel sessions in which research and scholarly contributions from the thematic areas of the conference will be presented. In addition to these, the conference will also feature a poster session, where speakers will present their contributions in a succinct and concise manner.

Guidelines for preparing a poster can be found at <https://fvz.upr.si/submission-guidelines/>.

GENERAL INSTRUCTIONS FOR ABSTRACT PREPARATION

For active participation in the conference, submission of an abstract by the specified deadline is mandatory.

Guidelines:

- Contributors have to submit an abstract in English language,
- maximum **from 2000 to 3000 characters**, excluding title, authors' names and affiliations, keywords,
- the length of the title should not exceed **100 characters** (including spaces),
- authors should provide from **3 to 5 keywords**,
- all (co-)authors and their affiliations must be listed, with accurate titles in English.

We will only accept **scientific** abstracts.

Scientific abstracts should comprise the following four sections:

- **Introduction,**
- **Methods,**
- **Results,**
- **Discussion and conclusions.**

Authors for whom English is not the first language should have their abstracts proofread by a proficient English speaker.

Authors are advised to use the abstract template and the styles defined in the template when submitting their abstract. The authors are responsible for ensuring the linguistic accuracy of the abstract text. Abstracts that are not linguistically appropriate will not be included in the book of abstracts.

Active participants will register for the conference after their abstract has been accepted by the Scientific Committee.

The abstract must present original work. Submissions must not be simultaneously submitted to other conferences or events. The authors are responsible for the ethical integrity of the research and for proper citation of sources.

GENERAL GUIDELINES FOR ABSTRACT SUBMISSION

Deadline for abstract submission: **April 15, 2025**

The abstract should be submitted as a Word document via <https://fvz.upr.si/abstract-submission-form/>. When submitting your abstract, please also indicate the **title of the section/ topic** of the Conference, for which you are submitting the abstract.

Abstracts will be reviewed through a peer-review process after the submission deadline.

File Naming Guidelines

The file should be named after the surname and first name of the first author (e.g. **NOVAK_TANJA_abstract.doc**). In the case of multiple abstract submissions, a sequential number should be added to the file name (e.g. **NOVAK_TANJA_abstract2.doc**).

After the review of your abstract, you will receive feedback with the reviewer's opinion to your e-mail address. If any major or minor corrections are proposed by the reviewer, you will be invited to submit a revised version of your abstract. When resubmitting your abstract, please name the file in a way that makes it clear this is a revision (e.g. **NOVAK_TANJA_abstract corr.doc**).

COBISS Typology

For Slovenian authors: Abstracts will be classified into Type 1.12 (Published Scientific Conference Contribution Abstract) according to the Slovenian bibliographic system COBISS.