



Project THID

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TeachHealthtoID

Developing a Higher Education Curriculum in SET Teaching or the Health Protection and Promotion of Intellectually Disabled Individuals

Coordinator, Düzce University

Project No: 2022-1-TR01-KA220-HED-000085572

Remember...

The general aim of the project is to develop the knowledge and skills of Special Education Teacher candidates regarding the protection and promotion of the health of individuals with intellectual disabilities. Project duration is 16 months between December 2022-April 2024. The main outputs are higher education curriculum and e-learning materials.

Transnational Meetings P. 1

Completed and Continuing Tasks P. 2

Dissemination P. 3



Guarda was a small but incredible city with historical buildings and narrow streets. The hosting of Erasmus Office of IPG was friendly.

TN Meeting in Guarda

Fourth transnational meeting was held in Guarda, Portugal, hosted by Politecnico da Guarda, at 25-26 September 2023. It was last meeting before the pilot face-to-face and e-learning practices of the curriculum. The last arrangements on the course materials and the pilot implementation program were main topic of meeting.



Kick of TN Meeting

✦ Türkiye

✦ Düzce

✦ 21-22 January 2023



Second TN Meeting

✦ Slovenia

✦ Izola

✦ 30-31 March 2023



Third TN Meeting

✦ Czech Republic

✦ Brno

✦ 29-30 May 2023



Fourth TN Meeting

✦ Portugal

✦ Guarda

✦ 25-26 September 2023



Fifth TN Meeting

✦ Türkiye

✦ Sakarya

✦ 5-6 February 2024



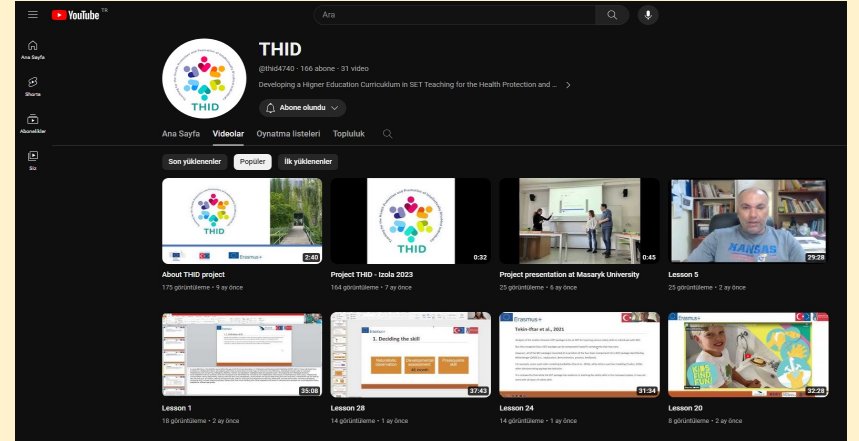
Co-funded by the European Union

Completed and Continuing Tasks

Course Resources: Curriculum, course book, lesson plans, and assessment tools for course were completed. Resources are in four national languages of the partners in addition to English. They were shared to students both face-to-face and e-learners.

E-learning Materials

All the lesson videos for e-learning practice was prepared. They are total 28 videos for 7 chapter. The presentation language in videos is English, and subtitles are in five language (English, Turkish, Slovenian, Czech, and Portuguese) available.



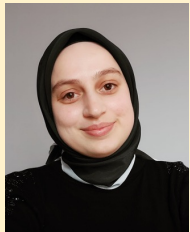
Chapters of The Course	Lessons
Physical Activities	1, 2, 3, 4
Feeding & Sleeping	5, 6, 7, 8
Tech Innovation to Promote Health	9, 10, 11, 12
Sexual Health	13, 14, 15, 16
Covid-19 & Contagious Diseases	17, 18, 19, 20
First Aid & Emergencies	21, 22, 23, 24
Personal Hygiene	25, 26, 27, 28

Pilot Implementations

Within the pilot implementation online pretest was practised for fourth grade students of Special Education Teacher Training Program at Sakarya University. Pretest results showed that they need learning experiences on the teaching of health protection and promotion to individuals with ID.

Students have chosen one of the face-to-face and e-learning options. About 50 students participating face-to-face course was started at the first week of October. About 30 students participating e-learning started at the first week of December. Videos on the project's YouTube Channel have been reached about 1000 visits.

Visit to channel: <https://www.youtube.com/@thid4740>



We feel in trouble in some health-related situations during the special education. This course gives a wide perspective on health, and presents on a wide range of topics, from physical activity to feeding, from infectious diseases to first aid. The content is effective for skills that require both medical and educational strategies.

Şule T. Face-to-face participating student

E-learning has a wide place in our education and life. E-learning resources of this course are effective, and efficient in terms of time management. I can re-watch the lecture videos at convenient times and whenever I want.



The duration and content of the videos are sufficient for the topics and are suitable for watching at once. The fluent and plain language of the presentations, subtitles and supporting visual content make the learning easier. "Health promotion & education" is important for everyone and this content is useful for everyone.

Cansu S. E-learning participating student



While I am working in the special education of people with ID, I can see the value of health-related skills clearly.

It is a great opportunity to access practical information and examples on featured subjects. E-learning materials of this course can be useful for in-service teachers. E-learning supports the "Lifelong Learning".

Ali Fuat B. SpEd



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Dissemination

Partner universities have been organized the dissemination activities. These activities are useful for sharing the results, activities, experiences, and possible suggestions to improve future work.

University of Primorska team organized a dissemination event on 11st September 2023. The title was *Empowering Inclusivity: A Multidisciplinary Approach to Curriculum Development for Health and Well-being in Intellectually Disabled Individuals*.



Politecnico da Guarda (IPG) team were organized a dissemination event on 22nd November 2023. Professors in Special Education from different universities (Seville University, Granada University, Navarra University, and Almeria University), and teachers of future students from different universities (Polytechnic of Viseu, Polytechnic of Castelo Branco, Polytechnic of Guarda) participated in the event.



Masaryk University team organized a dissemination event 29th November 2023. A total of 41 experts and several dozen students participated. The topics in the event are including;

- The protection, development and education in the field of health of people with ID,
- Interventions in the field of physiotherapy, occupational therapy and the Bobath Concept for people with ID,
- Feeding difficulties in children with ID, views of experts and parents,
- Sports and leisure activities and motor development of people with ID, and ASD,
- Sexuality in people with ID - healthy sexuality, education, and programs.



Sakarya University and Duzce University teams will organize the dissemination events after pilot implementations.