

## **Blended Intensive Programme: Community-based intervention**

**Duration:** 6ECTS

**Schedule:** 17 July 2023- 6 October 2023

### **Objectives**

- To know the basic principles and tools of community intervention;
- To select, justify and use the methods and procedures necessary to identify the most relevant health problems in a community setting;
- To become aware of the relevance of working with community groups for health promotion and healthcare;
- To develop methodologies to involve people and groups in the production of knowledge;
- To foster the development of knowledge and skills necessary to navigate the complex and changing environment of current nursing practice.

### **Learning Outcomes**

- To identify the different population groups and the different community spheres where the community intervention can be developed;
- To map the factors related to health and environment in order to attend to people in situations of health and illness as members of a community;
- To apply the necessary methods and procedures to identify the most relevant health problems in a community;
- To develop the ability to involve the participation of the community in obtaining better health;
- To search for interventions, with scientific evidence, aimed at the community to improve their level of health and quality of life;
- To understand the evaluation process as an integral part of the intervention, to ensure quality in the process and to measure health outcomes.

## Table of Contents

Week	Dates	Content	Duration
1- In person	17/07/2023 to 21/07/2023	<b>Getting to know the Community</b> The knowledge of the Community. What groups make up a Community? What resources does a Community have? Mapping of Assets in Health. What are your health problems and needs? Community Diagnosis.	20 hours
2 - online	11/09/2023 to 15/09/2023	<b>Community participation</b> Concept of Community Participation. Interdisciplinary work. Techniques and processes of Community Participation.	12 hours
3 - online	18/09/2023 to 22/09/2023	<b>Participatory Action Research</b> The focus of Participatory Action-research in Health. The PRECEDE-PROCEDE model as a reference for practice in community. Design of projects with participatory strategies for: communication and health education; strengthening health policy; engineering in health, community services related to health, mobilization of community and health advocacy.	12 hours
4 - online	02/10/2023 to 06/10/2023	<b>Evaluation</b> Evaluation of Community Intervention. Types of Evaluation. Results of Scientific Evidence in Intervention Evaluation. Assessment of learning outcomes and of the programme.	16 hours

## Assessment

Students assessment will be carried out with a project of community intervention.